



# ROOTS OF SISTERHOOD

## MAKE ART PROJECT WORKSHOP

FEBRUARY 15, 2019 / 8:30 – 11AM or 11AM – 1:30PM

FACILITATED BY CEDAR WASLEWSKI

This fun and active play-shop provides “girl” identified humans aged 9 to 12 a chance to explore creative movement, dance and expressive art making together, within the Comox Valley Art Gallery. Using images of trees and the forests along with fun body centered exercises, girls will have the opportunity to connect deeper into a healthy sense of self and belonging while cultivating their own unique and authentic voice. Dance or art experience not required. Wear comfy clothes that are good to dance and make art in. Artist Nicole Crouch will be facilitating art making as part of the event.

**WHERE:** Comox Valley Art Gallery, 580 Duncan Ave. Front entrance, on the main floor.  
**WHEN:** Friday, February 15 / 8:30am – 11am or 11am – 1:30pm (two sessions)  
**FEE:** \$10 / If finances are a limitation, contact: [denise@comoxvalleyartgallery.com](mailto:denise@comoxvalleyartgallery.com)

### PRE-REGISTRATION IS REQUIRED AS SPACE IS LIMITED TO 15 PARTICIPANTS

Registration forms are available on the event page on our website, [comoxvalleyartgallery.com](http://comoxvalleyartgallery.com) or in person at the Comox Valley Art Gallery reception. Submit by email to [galler@comoxvalleyartgallery.com](mailto:galler@comoxvalleyartgallery.com); in person at CVAG or by phone at 250.338.6211 ext 1.



580 DUNCAN AVE. COURTENAY BC  
[COMOXVALLEYARTGALLERY.COM](http://COMOXVALLEYARTGALLERY.COM)

PHONE 250.338.6211  
HOURS TUES–SAT 10–5



# REGISTRATION FORM

## ROOTS OF SISTERHOOD

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Guardian Email Address: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

Allergies / Medical Information: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Session: (please select)    8:30AM – 11AM       11AM – 1:30PM

The gallery is not able to provide support to individuals who have unique facilitation requirements. Those individuals are welcome to participate if accompanied by a care provider.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Class fee is \$10. Payment can be received in person at the Comox Valley Art Gallery Reception or by phone at 250.338.6211 ext 1. If finances are a limitation, contact: [denise@comoxvalleyartgallery.com](mailto:denise@comoxvalleyartgallery.com)



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